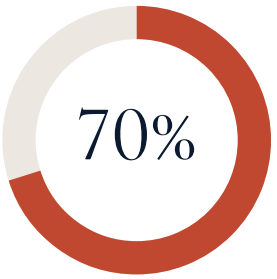
Love Across Borders

Ukrainian women and European men after the exodus



of adult Ukrainian refugees in Europe are women

Four years after the largest exodus in Europe since 1945, several million Ukrainians, most of them women and children, are building their future in Europe, and a growing number with European partners. **They are not looking for a rescuer, but for a reliable equal.**

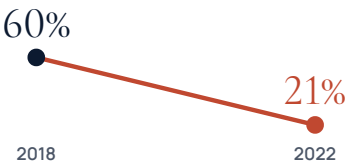
29%

of the women who reached Germany without their partner in 2022 have since separated for good

×2.6

Polish men marrying Ukrainian women, 2016 to 2024





of Ukrainians think the husband alone should provide

1 **An educated exodus that is settling.** In Germany, 72% hold a higher-education degree; fewer than half of those abroad intend to go back.

2 **Talent below its level.** A lawyer near Carcassonne is offered only cleaning; a Kyiv bank manager now does refugees' paperwork in Berlin.

3 **The myth of the perfect guest.** German press cast them as "Mary Poppins" migrants. In Poland, men call them better wives; young Polish women see rivals.

4 **Women bridge distance, men hesitate.** Three in four women in conversation on Adorée would move; when distance comes up, the man raises it first seven times out of ten.

5 **The war, on her terms.** It comes up in one long conversation in four; the woman raises it first six times out of ten. Neutrality reads as a lack of values.

"Cultural differences rarely end a conversation. Haste, silence and stereotypes do."

Three conversations to have early

Why her?
A personal story, never a comparison with other women.

Where would we live?
Distance as a project with dates, not a reason to stop.

A child of our own?
Not the same question as "do you welcome my children?".

Sources: OECD (2023); IAB-BiB/FReDA-BAMF-SOEP (2023); BiB via epd (2025); Statistics Poland via PAP (2025); Info Sapiens via KVINFO (2022); Centre for Economic Strategy (2026); Pruitt and Missbach, Journal of Ethnic and Migration Studies (2023); OKO.press (2023); Le Monde (2024, 2026). Adorée data: survey of 217 women from the EU4UA community (2026) and keyword analysis of 208 anonymised member conversations; indicative, not representative.

Read the full study
clubadoree.com/study/love-across-borders

Adorée, an extension of EU4UA